





Therapy of Anxiety and Depressive Disorders I and II, and Psychological Assessment and Treatment of Older Adults. Third and fourth year students, in addition to taking a variety of courses in psychotherapy, must fulfill a requirement of two years of experience seeing Parnes Clinic clients in ongoing weekly individual psychotherapy (psychodynamic or CBT). During the Individual Psychotherapy Practicum, students receive both individual and group supervision from core and adjunct faculty and have the option to receive intensive training in both psychodynamic and cognitive-behavior therapies. Students are supervised for one hour per week individually by faculty or adjunct clinical supervisors. Additionally, all third and fourth year students attend a weekly individual psychotherapy lab consisting of four to seven students in which they present their cases to core faculty or adjunct clinical supervisors.

Students must pass Clinical Competency I, II, III and IV in order to matriculate in the program. Clinical Competency I is completed at the end of the third year. In this competency, students must write up a clinical case from the Parnes clinic using guidelines (CBT Competency Report Guidelines and Instructions or Psychodynamic Competency Report Guidelines and Instructions). This is rated by faculty and feedback is given to students. Clinical Competency II is a video rated tape (by faculty) and is completed during the third year. Clinical Competency III is another video rating (by faculty) completed in the middle of the fourth year. The criteria for the II and III competencies is determined by track-for CBT it is the CTRS and for psychodynamic it is the PTRS. Successful completion of the fifth year clinical internship and becoming licensed constitutes competency IV and V, respectively.

Each year, students are required to take a lab in conjunction with their course load. Lab is usually conducted on a 2-hour weekly basis with a small group of students (4-7 students) who work with an instructor. These labs are required and complementary to the clinical curriculum. Students allow time in their schedules for lab sometimes including extra time for transportation. The labs are scheduled at the convenience of the instructors.

#### First Year Labs (Assessment)

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The second year lab is part of the second year Clinical Assessment I and II course sequence. These labs are taught by adjunct faculty member and are used to complement the Clinical Assessment I and II year long course. The second year assessment lab provides students with intensive supervision in a small group format.